

SAMPLE MENU OPTION 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Fresh Fruit, Yogurt, Hard Boiled Eggs, Bread & Muffins, Cereal	Fresh Fruit, Yogurt, Hard Boiled Eggs, Bread & Muffins, Cereal	Fresh Fruit, Yogurt, Hard Boiled Eggs, Breads & Muffins, Cereal	Fresh Fruit, Yogurt, Hard Boiled Eggs, Bread & Muffins, Cereal	Fresh Fruit, Yogurt, Hard Boiled Eggs, Bread & Muffins, Cereal
Lunch	Build Your Own Subs – Salami, Ham, Pepperoni or Meatballs, Krusty Rolls, Provolone, Salad Bar, Oatmeal Cookies	Grilled Angus Hot Dogs or Beer Brats Topped with Cheese, Chili, Onions, Grilled Peppers, Chips, Sauerkraut, Pasta Salad	Wrap it Your Way – Turkey, Ham or Beef w/Cheese Wraps, Waffle Fries, Salad Bar, Chocolate Chunk Cookies	Taco Burrito, Nachos or Taco Salad, Sour Cream, Diced Tomatoes, Shredded Lettuce, Onions, Cheese, Etc.	Grilled Hot Rueben Sandwiches, Glazed Carrots, Cherry Cobbler
Dinner	Memphis Style BBQ Ribs, Corn on the Cob, Broccoli Slaw, House Salad, Sour Cream Iced Carrot Cake	Slow Roasted Pork Tenderloin, Pan Gravy, Smashed Potatoes, Green Beans, Cracked Wheat Dinner Rolls, House Salad	Steak Night, Red Skinned Potatoes, Green Beans, House Salad, Assorted Ice Creams – Choc., Strawberry, Vanilla	Chicken Parmesan, Side of Spaghetti, Italian Vegetables, Spinach Soup, Hot Bacon Salad, Turtle Brownies	Build Your Own Pizza – Sausage, Pepperoni, Vegetables, Cheese, BBQ Chicken, Cupcakes
Alternative Weekday Dinner Selections:			Steaks – NY Strip, Petite Ribeye or Marinated Sirloin		