

SAMPLE MENU OPTION 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Breakfast	Scrambled Eggs, Bacon, Hash Browns, Fresh Fruit, Assorted Breads & Jelly's	Fresh Fruit, Yogurt, Hard Boiled Eggs, Breads & Muffins, Cereal	Biscuits & Gravy, Eggs to Order, Hash Browns, Fresh Fruit	Fresh Fruit, Yogurt, Hard Boiled Eggs, Breads & Muffins, Cereal	Loaded Eggs, Sausage Links, French Toast, Hash Browns, Breads & Jelly's	NO BREAKFAST
Lunch	Black Angus Burgers, Leaf Lettuce, Tomato, Red Onion, Cheese, Sweet Potato Fries, Chocolate Chunk Cookies	Grilled Chicken Sandwich – Blackened or Breaded with Old Fashioned Mustard, Oriental Vegetables, Potato Salad	Gyros w/Greeksuace, Tomatoes, Cucumbers, Red Onion, Pita Bread, Salad Bar, Cupcakes	Chicken Wings (with Sauces), Potato Wedges, Fried Pickles, Vegetable Tray w/Ranch Sauce	Calzones – Cheese, Veggie, Meat (Sausage or Pepperoni), Breadsticks, Fruit or Caesar Salad, Apple Crisp	NO LUNCH
Dinner	Honey Glazed Oven Rotisserie Chicken, Yukon Gold Potatoes, Asparagus, Salad Bar, Brownies	Pasta Toss, Chicken or Shrimp Alfredo, Italian Meatball, Grilled Italian Sausage, Caesar Salad, Chocolate Cake	Grilled Halibut Steaks, Red Skinned Potatoes, Steamed Broccoli & Carrots, Cracked Wheat Dinner Rolls, House Salad	Oriental Beef & Pepper Stir Fry, Snow Peas, Rice, Egg Rolls, Fortune Cookies, Orange Sorbet	NO DINNER	Seafood Buffet: Cod, Haddock, Salmon, Striped Bass or Lemon Pepper Orange Ruffy, Cole Slaw or House Salad, Garlic Bread, Zesty Lemon Cake